

Our Vision: All people with mental illness will live and participate fully as valued, integrated members of our communities with the choices, responsibilities, dignity, respect, and opportunities afforded all citizens.

Our Mission: The mission of Cumberland & Perry Counties' Mental Health program is to support each individual's recovery as a whole person and understand the value of relationships through:

- embracing hope, wellness, spirituality, and the principles of the Community Support Program;
- encouraging and empowering consumer voice, responsibility, and leadership;
- building on and valuing individual strengths and capabilities while increasing resiliency to cope with day-to-day life;
- supporting the value of independence, the caring relationships of family, and natural community supports;
- providing programming in safe, caring and culturally competent environments with the highest quality and efficiency possible;
- promoting increased access, mutual support, community integration, and consumer choice;
- using education for all stakeholders to strengthen these relationships.

Our Goal: The Cumberland/Perry Mental Health Program strives to offer supports that foster overall wellness and give people opportunities to have healthy community connections and achieve fulfilling lives.

Information

For additional information about any of these services, call:

Base Service Unit

- 717.763.2221
- or
- 717.243.6033

County Mental Health Office

- 717.240.6320
- or
- 1.866.240.6320 (Perry County toll free)

The MH & IDD Advisory Board consists of 13 members, nominated by the current board membership and appointed by the County Commissioners.

The Board meets on the third Thursday of every month, at 12:15pm virtually and in person, except December and August. The public is welcome to join these meetings.

Contact the MH.IDD office for a link to the meeting.



1615 Ritner Highway, Carlisle, PA

Phone: 717.240.6320

Fax: 717.240.6415

E-mail: mhidd@cumberlandcountypa.gov

A Guide to Accessing Mental Health Services & Supports



What services are available?

The Cumberland/Perry Mental Health Program offers access to a full range of services for persons with mental health difficulties living within the two county area. In addition, information and referral services are provided to the general public.

Available Mental Health Services and Supports:

- Assertive Community Treatment (ACT)
- Case Management
- CASSP (Child/Adolescent Service System Program)
- Certified Peer Specialist Services (MA only)
- Consumer & Family Satisfaction Teams
- Crisis Intervention: 988, Mobile, Walk-in
- Family Based Services
- Forensic Case Management
- Inpatient Hospitalization
- Outpatient Services (counseling, medication)
- Partial Hospitalization
- Psychiatric Rehab Programs (MA only)
- Residential Services for Adults
- School Based Program
- Social Rehab

Who can receive services?

Services are available to all residents living in Cumberland and Perry Counties who meet the criteria for requested mental health services.

How can I get services?

For emergency services, contact:

Crisis Intervention

Call: 988 or 717.763.2222

Mobile: Dispatched by 988

Walk-in: **Connections Health Solutions**

1100 S Cameron Street, Suite 2,
Harrisburg, PA 17104

Penn State Health-Holy Spirit Hospital
503 N 21st Street, Camp Hill, PA 17011

Non-emergency services:

People who need services can request an intake and/or referral, using any of the methods below:

- Contact a provider agency directly;
- Contact insurance company for a referral;
- Contact one of the Base Service Units (BSU) (ask for intake) located at:

Penn State Health Systems - Holy Spirit Hospital
503 N 21 Street, Camp Hill, PA 17011
717.763.2221 or 1.866.350.4357

Merakey - The Stevens Center
33 State Avenue, Carlisle, PA 17013
717.243.6033 or 1.888.243.6033



What can I expect?

Services are provided by contract with local agencies. Providers of services must adhere to Community Support Program (CSP) and Child/Adolescent Service System Program (CASSP) principles. Services provided must be:

- Consumer Centered
- Family Focused
- Strengths Based
- Designed to Meet Special Needs
- Inclusive of Natural Supports
- Community Based
- Culturally Competent
- Least Intrusive
- Least Restrictive
- Flexible
- Multi-System Oriented
- Accountable

How are services paid for?

All Cumberland and Perry County residents with mental health difficulties qualify for these services regardless of their ability to pay. Most providers accept private insurances and/or Medical Assistance. If any financial liability is indicated, this determination will be made after the need for service has been established. BSU Staff will assist in applying for any benefits available to help pay the cost of services.