

The Purpose

Cumberland Cares for Families provides hands-on parenting intervention and support for you and your baby or pre-school child; information and tools to assist you with helping them reach developmental milestones; and referrals to other services to help your child thrive.

Flexible Program Design

- As few or as many visits as needed
- Appointments to fit your schedule
- No set program length; you can start, stop and restart again as needed
- No fees or insurance billing
- Your goals, not program goals



AGING & COMMUNITY
SERVICES
Cumberland County

Cumberland Cares For Families

Aging &
Community Services
1100 Claremont Road
Carlisle, PA 17015

(717) 240-6172

FAX: (717)-960-5537

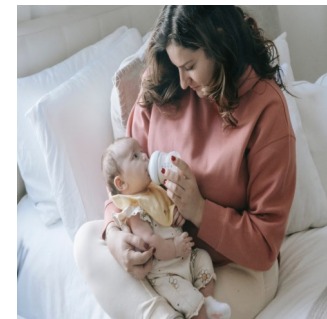


Pregnant?

**Already a
parent?**

**Have
Questions?**

We can help!



**Cumberland
Cares
for
Families**

*Serving parents
and their
families in
Cumberland
County*

Questions?

Is this your first child, and are you unsure about growth and development?

Do you have multiple children and feel overwhelmed with parenting?



Are you in an abusive relationship and fear for your or your children's safety?

Are you frequently falling behind on your bills?

Do you have questions about your child's behavior and how to best discipline?

Cumberland Cares for Families can Help!

The Cumberland Cares for Families Program is designed to help you find answers and solutions to your questions and concerns about your children, their development and your parenting.

A child development specialist will meet with you, and together you'll decide what issues you want help with. The social worker will provide hands-on coaching to help you with your parenting goals. Referrals to other agencies are done as needed, and there is ongoing advocacy for your parental rights.



Services include:

- Educating parents on child growth and development
- Providing screenings to determine if children are on target developmentally
- Referrals to Early Intervention and Head Start for optimal development
- Referrals for mental health counseling
- Working with attorneys regarding custody or child support
- Providing information and literature on county services and programs
- Providing advocacy with social service agencies
- Education on problem behaviors and appropriate discipline including setting up a discipline/reward system
- Helping with potty training
- Encouraging well-baby/sick child appointments
- Helping establish good eating and finding solutions to picky eaters
- Helping with budgeting and referrals for financial assistance
- Assisting with education and job training
- Personal, confidential support