

Outpatient Treatment Services

Outpatient services include evaluations, as well as individual and/or group counseling sessions. The programs serve individuals with substance use disorders, as well as their families. Services are designed to provide continuing care for individuals who have completed inpatient treatment or do not require inpatient care.

Diakon Family Life Services

960 Century Drive
Mechanicsburg, PA 17055
717-795-0330

Gaudenzia West Shore

4740 Delbrook Road
Mechanicsburg, PA 17050
717-766-8517
1-800-725-5453

Pyramid - Mazzitti & Sullivan

5021 East Trindle Road
Mechanicsburg, PA 17050
717-590-7607

PA Counseling Services

1 Greystone Road
Carlisle, PA 17013
717-245-9255

Perry Human Services

Mulhollem Office Centre
P.O. Box 436
New Bloomfield, PA 17068
717-582-8703

Roxbury

401 E. Louther Street, Suite 213
Carlisle, PA 17013
717-249-5010

Community Based Supports

Although the following organizations are not affiliated with the Commission, they offer support and self-help programs for people with substance use disorders, and their loved ones. Services are free of charge for anyone in need and willing to participate. Call the numbers provided for more information, meeting locations, and times.

Alcoholics Anonymous (AA)

Cumberland Valley Intergrroup
717-422-4888

Narcotics Anonymous (NA)

Capital Area Hotline
717-233-3733

Al-Anon/Alateen

1-888-4AL-ANON (1-888-425-2666)

PA Problem Gambling Hotline

1-800-GAMBLER (1-800-426-2537)

Pennsylvania Quitline (tobacco)

1-800-QUIT-NOW (1-800-784-8669)

For clients who are not in need of inpatient treatment but do need a safe, stable place to live, there are **recovery houses** in the local area for both men and women. Recovery houses are apartment buildings shared by people in recovery. Residents pay weekly rent and are expected to abide by house rules and regulations, including staying sober and attending 12-step meetings. Scholarship funding may be available.

This information is provided by the Cumberland-Perry Drug & Alcohol Commission. It is made possible through funding from the PA Department of Drug and Alcohol Programs and the Commissioners of Cumberland and Perry Counties. The Commission is an equal opportunity provider of grants, services, and employment.

CUMBERLAND-PERRY

Drug &
Alcohol

COMMISSION

Commission-Funded Drug & Alcohol Services

Fiscal Year 2024-25

Cumberland County
Dennis Marion Public Services Building
16 West High Street, Suite 302
Carlisle, PA 17013-2964

Carlisle	717-240-6300
All other areas	1-866-240-6300
FAX	717-240-6488

GET HELP NOW 1-800-662-4357
Statewide Drug and Alcohol Treatment

Information and Administrative Services

The administrative services of the Commission include the planning, contracting, program monitoring, and overall coordination of government-funded drug and alcohol services in Cumberland and Perry counties. Case Management services are provided to clients receiving Commission-funded inpatient treatment. Information about any Commission-funded services can be obtained by contacting the Commission at 717-240-6300 or toll free at 866-240-6300.

Prevention and Early Intervention Services

Prevention and early intervention services include Student Assistance programming, training workshops and presentations, information dissemination, and technical assistance for schools, businesses and community organizations. These services focus on youth, parents, and other adults who work with youth.

Cumberland County Resource Center

Dennis Marion Public Services Building
16 West High Street, Suite 302
Carlisle, PA 17013-2964
717-240-6300
866-240-6300 (all other areas)

Perry Human Services

Mulhollem Office Centre
8391 Spring Road
P.O. Box 436
New Bloomfield, PA 17068
717-582-8703

If a person is under the influence of alcohol or other drugs, or in acute withdrawal, do not hesitate to contact the closest detox facility for guidance.

Detoxification Services

Detoxification services usually include short-term treatment in either a hospital or non-hospital facility. "Detox" is the process of eliminating drugs or alcohol from the body through a period of supervised abstinence while safely managing any accompanying withdrawal symptoms. Clients also receive structured education and counseling during this process and assistance in planning continuing treatment at a facility appropriate to their needs.

Gaudenzia Common Ground Detox

3740 Chambers Hill Road
Harrisburg, PA 17111
888-237-8984

Roxbury Detox

601 Roxbury Road
Shippensburg, PA 17257
800-648-4673

White Deer Run - York (Women)

106 Davies Drive
York, PA 17402
877-907-6237

White Deer Run - York (Men)

1600 Mount Zion Road
York, PA 17402
717-840-2308

Treatment Options

The Commission contracts with a variety of facilities in an attempt to meet individual client needs. To access treatment, call one of the listed outpatient agencies. If an individual needs immediate care due to intoxication or other problems, call one of the detox units listed above. If you are unsure, call the Commission. Any of the listed service providers will help you find an appropriate treatment service, which may include outpatient, inpatient or other specialized care. A brief description of these services follows.

Priority Populations

In accordance with federal regulations, preference in accessing Commission-funded substance use disorder treatment is given to the following priority populations in the order outlined: pregnant women who inject drugs; pregnant women who use substances; persons who inject drugs; overdose survivors; and veterans.

Inpatient and Halfway House Services

Funding for inpatient treatment services is available through the Commission. Admission is based on Case Management assessment and eligibility for funding for this level of care. Inpatient services include intensive counseling, educational support, and group treatment activities within a residential, therapeutic facility. These services require that the client reside at an inpatient center in order to receive effective treatment of advanced drug and alcohol problems. A length of stay for inpatient care may range from 14 to 90 days, depending upon individual client needs. Continuing treatment at the halfway house or outpatient level will follow the completion of inpatient treatment.

Methadone Outpatient Treatment

The Commission provides funding for medically supervised medication-assisted treatment to promote successful recovery from addiction to heroin, prescription painkillers, and other opioids.

Addiction Recovery Systems

3433 Trindle Road
Camp Hill, PA 17011
717-761-4500

Mechanicsburg Comprehensive Treatment Center

920 Century Drive
Mechanicsburg, PA 17055
717-790-1858