

## Outpatient Treatment Services

Outpatient services include evaluations as well as individual and/or group counseling programs which serve individuals with substance use disorders as well as their families. These services are designed for those who do not require inpatient care and to provide continuing care for individuals completing inpatient treatment.

### Diakon Family Life Services

960 Century Drive  
Mechanicsburg, PA 17055  
717-795-0330

### Gaudenzia West Shore

4740 Delbrook Road  
Mechanicsburg, PA 17050  
717-766-8517  
800-725-5453

### Mazzitti & Sullivan

5021 East Trindle Road  
Mechanicsburg, PA 17050  
717-590-7607

### PA Counseling Services

1 Greystone Road  
Carlisle, PA 17013  
717-245-9255

### Perry Human Services

Mulhollem Office Centre  
P.O. Box 436  
New Bloomfield, PA 17068  
717-582-8703

### Roxbury

401 E. Louthier Street, Suite 213  
Carlisle, PA 17013  
717-249-5010

## Community Based Supports

Although the following organizations are not affiliated with the Commission, they offer support and self-help programs for addicts and their loved ones, free of charge, for anyone in need and willing to participate. For more information, meeting locations and times, please call the numbers provided.

### Alcoholics Anonymous (AA)

Cumberland Valley Intergroup  
717-422-4888

### Narcotics Anonymous (NA)

Capital Area Hotline  
717-233-3733

### Al-Anon/Alateen

1-888-4AL-ANON (1-888-425-2666)

### PA Problem Gambling Hotline

1-800-GAMBLER (1-800-426-2537)

### Pennsylvania Quitline (tobacco)

1-800-QUIT-NOW (1-800-784-8669)

For clients who aren't in need of inpatient treatment but do need a safe, stable place to live, there are **recovery houses** available in the local area for both men and women. Recovery houses are apartment buildings shared by people in recovery. Residents pay weekly rent and are expected to abide by house rules and regulations, including staying sober and attending 12-step meetings. Scholarship funding may be available. For more information on local recovery houses, please contact the Commission.

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This information is provided by the Commission. It is made possible through funding from the PA Department of Drug and Alcohol Programs and the Commissioners of Cumberland and Perry Counties. The Commission is an equal opportunity provider of grants, services, and employment.



## Commission-Funded Drug & Alcohol Services

*Fiscal Year 2023-2024*

Cumberland County

Dennis Marion Public Services Building

16 West High Street, Suite 302

Carlisle, PA 17013-2964

Carlisle

717-240-6300

All other areas

866-240-6300

FAX

717-240-6488

GET HELP NOW 1-800-662-4357

Statewide Drug and Alcohol Treatment Hotline

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## Information and Administrative Services

The administrative services of the Commission include the planning, contracting, program monitoring, and overall coordination of government-funded drug and alcohol services in Cumberland and Perry counties. Case Management services are provided to clients receiving Commission-funded inpatient treatment. Information about any Commission-funded services can be obtained by contacting the Commission at 717-240-6300 or toll free at 866-240-6300.

## Prevention and Early Intervention Services

Prevention and early intervention services include Student Assistance programming, training workshops and presentations, information dissemination, and technical assistance for schools, businesses and community organizations. These services focus on youth, parents, and other adults who work with youth.

### Resource Center

Dennis Marion Public Services Building  
16 West High Street, Suite 302  
Carlisle, PA 17013-2964  
717-240-6300  
866-240-6300 (all other areas)

### Perry Human Services

Mulhollem Office Centre  
8391 Spring Road  
P.O. Box 436  
New Bloomfield, PA 17068  
717-582-8703

## Detoxification Services

**If an individual is under the influence of alcohol or other drugs or in acute withdrawal, don't hesitate to contact the closest detox unit for further advice.**

Detoxification services usually include short-term treatment in either a hospital or non-hospital facility. "Detox" is the process of eliminating drugs or alcohol from the body through a period of supervised abstinence while safely managing any accompanying withdrawal symptoms. Clients also receive structured education and counseling during this process and assistance in planning continuing treatment at a facility appropriate to each client's needs.

### Gaudenzia Common Ground Detox

3740 Chambers Hill Road  
Harrisburg, PA 17111  
888-237-8984

### Roxbury Detox

601 Roxbury Road  
Shippensburg, PA 17257  
800-648-4673

### White Deer Run York (Women)

106 Davies Drive  
York, PA 17402  
877-907-6237

### White Deer Run York (Men)

1600 Mount Zion Road  
York, PA 17402  
717-840-2308

## Treatment Options

The Commission contracts with a variety of facilities in an attempt to meet individual client needs. To access treatment, simply call one of the local outpatient agencies mentioned in this brochure. If you think an individual needs immediate care due to intoxication or other problems, call one of the detox units listed in this brochure. If you're not sure, call the Commission. Any of the listed service providers will help you find an appropriate treatment

service, which may include outpatient, inpatient or other specialized care. A brief description of these services follows.

## Priority Populations

In accordance with federal regulations, preference in accessing Commission-funded substance use disorder treatment is given to the following priority populations in the order outlined: pregnant women who inject drugs; pregnant women who use substances; persons who inject drugs; overdose survivors; and veterans.

## Inpatient and Halfway House Services

Funding for inpatient treatment services is available through the Commission. Admission is based on Case Management assessment and eligibility for funding for this level of care. Inpatient services include intensive counseling, educational support, and group treatment activities within a residential, therapeutic facility. These services require that the client reside at an inpatient center in order to receive effective treatment of advanced drug and alcohol problems. A length of stay for inpatient care may range from 14 to 90 days, depending upon individual client needs. Continuing treatment at the halfway house or outpatient level will follow the completion of the inpatient facility.

## Methadone Outpatient Treatment

### ARS—Addiction Recovery Systems

3433 Trindle Road  
Camp Hill, PA 17011  
717-761-4500

### Mechanicsburg Comprehensive Treatment Center

920 Century Drive  
Mechanicsburg, PA 17055  
717-766-6974