

Cumberland County

# Adult Probation Newsletter

## WELCOME TO FALL!

Hope everyone enjoyed their summer. For the Adult Probation Office, things stayed very busy over the summer. As we do every quarter, our office wanted to take time to let everyone know what is happening in Adult Probation.



## Treatment Court Program

By Stevi Smith & Brad Stubbs



Treatment Court is a voluntary drug court program that grants participants the opportunity to work on their addiction(s), as well as any related corresponding issue. These can include, but are not limited to, trauma, mental health, finances, housing, legal issues as well as many others. Treatment Court operates on the standing of a Post Guilty Plea/Pre-Sentencing program. This means that if the participant were to be removed from the program, they couldn't withdraw their guilty plea. This also allows the participants an easier avenue of expungement once successfully completed. For the charge(s) to be expunged there are two steps that will need to be completed. First, the Participant must successfully complete the program, the second is that the participant must have all their fines, costs and restitution paid at their treatment court docket. This incentive is one of the driving factors to get participants to make the initial leap into the program. Treatment Court is a team-based program that requires multiple agencies working in unison to complete a common goal. That goal being to deliver the most encompassing support to all basic needs while the participants develop a foothold in the recovery community. Each participant is assessed, and their needs and risks are dealt with as they develop. The most readily used tools to address needs and identify risks are CBT, Driver's Workbooks, ORAS, Regular Supervision Meetings, Case Plans, NA/AA or

equivalent self-help meetings, Sponsorships and, lastly, treatment. Our Mission Statement is as followed: The Cumberland County Treatment Court provides a cost-effective alternative to incarceration through a long-term, judicially monitored regimen of treatment for non-violent substance dependent offenders. The program returns clean and sober individuals to the community after equipping them to maintain their sobriety and improve the quality of their lives.

## Staff Highlights

- On August 2, 2022, Probation Officers, Nicole Warren, Tiffany Ryan, Samantha Fazzenbaker and Kerry Houser participated in National Night Out held at the Carlisle Fairgrounds from 6-8 PM. National Night Out events can include food, music, games, and opportunities for community members to meet with and interact with law

enforcement, first responders and other local agencies who are responsible to provide public safety. The booth provided an opportunity for community members to look at the various types of equipment used by Probation Officers. The booth also

highlighted the many resources our office offers to help those individuals we serve. Adult Probation had a balloon toss event and a large Connect 4 game for participants to try out. Probation also had a football toss that was enjoyed by the crowd. Adult Probation was fortunate to have the support of DHL in



From left to right: Nicole, Kerry, Tiffany & Sam





If you are, or have been, involved in the Criminal Justice System and are looking for employment, this **Job Fair** is for you!

**When:** **November 3, 2022**. Thursday . 1pm - 5pm

**Where:** **New Life Community Church**  
64 East North Street . Carlisle

- Details:**
- Job fair is for individuals involved with **Adult Probation, Juvenile Probation, and Domestic Relations** (re-entrants welcome)
  - Food service, warehousing, office work, and retail employers will be represented
  - Bring resume' (if possible) and a form of identification
  - On-site resume' assistance
  - Apply on-site
  - Potential on-site interviews

**Questions:** Ashley Rohm, Cumberland Re-Entry Coordinator • [asroh@cumberlandcountypa.gov](mailto:asroh@cumberlandcountypa.gov) • 717.240.6522

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Carlisle, who provided an abundance of treats for all the individuals who came to our booth. Our office would like to thank DHL for their continued support in our various projects.

- On September 30, 2022, Cam Strohe, Adult Probation’s Sexual Offender PO, completed the Parole Officer Basic Training Academy. The course lasts 2 weeks, with the first week held virtually and the 2nd week held in State College.
- Congratulations to PO Brad Stubbs and his new wife. The couple was married on September 17, 2022, in Clearfield County.
- Congratulations to PO Lauren Lindsay and her husband, who are expecting their 2nd child in January. The new little sister will be joining her big brother.
- More good news for the staff of Adult Probation. Bri Brantner, our Administrative Assistant, and her husband are expecting a baby girl on January 13, 2023. This will be their first child.

## Department News

Adult Probation, in partnership with Career Link, will be hosting another Job Fair on November 3, 2022, from 1PM-5PM at New Life Community Church, located at 64 East North St. Carlisle, PA. 17013. Thanks to Career Link for your help with our Job Fairs and to Pastor Ryan for letting us use the church for the event.

## EBP Initiative

Young adults under probation/parole supervision are often considered the most challenging population. The probation department’s most recent recidivism study shows that 18- and 19-year-old young adults account for a disproportionately high percentage of re-arrest (70%). Researchers also found that those under the age of 20 were most likely to be re-arrested for more serious offenses than the original offense that put them under supervision. While people under 20 years of age were most likely to recidivate, over half of all re-arrests in the study were among young adults between the ages of 18 and 29. Scientific research has clearly shown that young adulthood is a distinct period for brain development, with cognitive changes occurring into the mid 20’s. In response to this better understanding of recidivism and development of young adults, the department-initiated dialogue with the juvenile probation department to explore specific interventions that would allow the young adult population on shared caseloads to access the vast behavioral change resources within the juvenile justice system. Below is a list of other dos and don’ts from the Counsel of State Government’s Justice Center that are proven by research to improve outcomes for young adults in the criminal justice system.

### DO

- ✓ use a validated assessment tool to identify risk level and criminogenic and behavioral health needs of all young adults.
- ✓ use assessment results to identify opportunities to divert young adults (low risk) from the justice system while focusing the most intensive supervision and treatment resources on young adults most likely to reoffend (high risk).
- ✓ provide young adults with cognitive behavioral programs that address criminal thinking and behaviors.
- ✓ offer adult and peer mentoring opportunities to provide young adults with practical and emotional guidance, support, and role modeling.
- ✓ provide specialized training to staff that focusses on the distinct needs of young adults.
- ✓ prepare supervision officers to help foster positive behavior changes in young adults by training in motivational interviewing and other cognitive behavioral approaches.
- ✓ establish a graduated system of responses to supervision violations that appropriately match the severity of the young adult’s behavior.

## DON'T

- impose intensive supervision and programming on low-risk young adults
- group young adults with older adults for programming.
- rely on standalone programs such as employment, education, and independent living programs because these programs don't address the full range of young adult needs.
- limit the responsibility of supervision officers to surveillance and compliance.
- hire supervision officers and retain supervision officers that lack the interest, experience, and skill set to successfully engage with young adults in the justice system.
- establish unnecessarily strict conditions of supervision or violation policies – such as mandatory attendance at programs – that are likely to set young adults up for failure and lead to deeper and more costly system involvement.
- connect young adults to programs with rigid conditions for participation that prevent them from exiting and returning as needed because they may not yet be ready to fully engage in programming

## Department Statistics (July 1 - September 30, 2022)

- 163 ORAS/CST Assessments Completed
- 264 Pre-Sentence Investigations Completed
- 928 Successful Field Visits Made
- 259 Additional Attempted Field Visits
- 68 Pre-Parole Investigations



As in every Newsletter, we would like to thank all the offices and agencies that work with Adult Probation. The people we serve often have many needs and with the help of other offices and agencies, together, we are able to achieve the best outcome for these individuals. Additionally, APO wants to thank our Support Staff for keeping us all organized and keeping the office running smoothly.

### **Our Vision**

The Cumberland County Adult Probation Office is committed to rebuilding the lives of the people we serve to provide for healthier and safer communities.

### **Our Mission**

To increase the quality of life of clients by focusing and building on their strengths and working towards reducing their thinking errors and harmful behavior patterns. Our office is focused on meeting the individual needs of our clients through the use of Evidenced-Based Practices by utilizing opportunities for rehabilitation and treatment. By doing this, we will be able to reduce recidivism and increase public safety.

### **Guiding Principles**

- Engages collaboratively with our stakeholders and the community.
- Honors the belief that people can change.
- We value impartiality, accountability, professionalism, and a strong work ethic.
- Promotes honest, respectful, and forthright communication.
- Integrity and ethical conduct are essential at all times.