

# **CUMBERLAND COUNTY COMMISSION FOR WOMEN MEETING AGENDA**

*January 29, 2026 – 6:00 p.m.  
Commissioners Hearing Room, Courthouse, Carlisle, PA  
In Person / Zoom Optional*

- I. Welcome – Brianda Freistat, Chair
- II. Attendance:
  - a. Present:
  - b. Absent:
- III. Review and Approval of October, 2025 Meeting Minutes –
- IV. Financial Disclosure Update - Jill/Angela Smyser
  - a. Update on financial disclosures
    - i.
- V. Treasurer’s Report – Justine Bressler Chair - Justine Bressler
  - a. Remaining yearly budget
    - i. \$2700
  - b. Update on completed expenditures:
    - i. Other expenses pending:
      - 1. Recommendation to purchase additional CCCW t-shirts for members
- VI. Committee and subcommittee reports:
  - a. Executive Committee - Bylaw update: Brianda
    - i. New communication methods working and operational
    - ii. Membership Committee – Lauren Mariani, Membership Chair
      - 1. New applicants:
        - a. New candidates
          - i. Jessica Knapp
          - ii. Jennifer Caron
          - iii. Kendra Hinkle
          - iv. Jillian Biehl Morrison
      - 2. Roll offs -
        - a. Jill Arnold
        - b. Kelly Smith
        - c. Maddie Young
        - d. Stephanie Spuregon
      - 3. Term Endings
        - a.
    - iii. Communications Committee – Lizzie Bailey, Maria James-Thiaw, Tiesha Laryea,
      - 1. Bios of Members

- a. New members-send bio and headshot to Tiesha to be included in the graphics being shared on the commission's social networks.

- 2. Communications Committee members needed especially with social media creation support.

VII. Programs and events planning

- a. Review and follow up on programming
  - i. Childcare (Human Services) - Report is under review and will be given to CREDC
  - ii. Review any Healthcare Resource Fair Follow Up
  - iii. MLK Day of Service
  - iv. Happy Hour Monthly
- b. New Planning / Strategic Plan for 2026
  - i. Local Government Matters - Tie / Kelly P. / Meta
    - 1. April timeline
  - ii. Virtual or in person session to focus on homelessness and housed homelessness (Becky Davis and Melody Zimmerman)
  - iii. Recognition award
  - iv. Women's Empowerment "why me" to "why not me?" (Tiesha Laryea)
  - v. Consider a second round of the the wellness fair if successful
  - vi. Feature of women owned businesses in Cumberland County on the CCCW website to support women in the community (Tiesha Laryea)
    - 1. This will need to be reviewed by the county solicitor prior to executing this idea.
  - vii. New: Working with the local senior center on a joined health/wellness effort

VIII. Adjourn

IX. Future Meetings - April 30th